

# The ENGLISH HOME

*Celebrating the essence of English style*

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28 PAGES OF  
BEDROOM  
INSPIRATION

## FABRICS & WALLPAPERS

The most inspiring new season collections revealed

Sweet slumber  
Beautiful bedrooms  
& comfortable beds

Peaceful spaces  
Tranquil colours  
Indulgent textures

Design insights  
Joanna Wood  
Gavin Houghton  
Emma Sims Hilditch

*Size & scale*

The secrets to perfect proportion in room design





**ABOVE** There is such a charm attached to this bedroom, which displays a wonderful eye for detail. Robert Moore of Moore Design is a master at choosing and creating period detailing with a look for today. Clever ideas include the shapely headboard, the tiny chandelier hung low over the bed and the wonderful use of artwork in a bedroom. -

as wiring will need to be tracked through the wall and carefully positioned either side of a headboard. The exact position will be dependent on the bed height, side-table height and headboard treatment. Some micro wall lights now available have pivotal or flexible arms which can neatly be curved around a headboard and are discreet if you want table lamps to remain. It sounds so obvious, but ensure on/off switches are well located, too.

Ceiling pendants have a place in the bedroom, even if just to add to the glamour of a scheme. Fit a dimmer switch to create an atmosphere with ease and, ideally, plan to have a switch by the bed.

### BEDDED BLISS

The bed you choose will be one of the most important home purchases. There is so much choice around and at so many different price points, but this purchase is so worth road-testing. Think about the overall look you want to create. Do you want to see the bed base? Or is a valance going to conceal this? Consider bed height, too. Many beds produced today are quite

low and, whilst these can work in a small space, in a large bedroom they will feel proportionally wrong. Height is needed to set off a headboard, and cushions – if these are to be your finishing touches.

Some of the best bed companies – many with a Royal Warrant for a reason – have comprehensive websites offering much advice about what really makes a good bed, and all of them will talk in considerable detail about the mattress; you want the very best to provide support and comfort. As most of us lie on a mattress for eight-hour stretches, this is a practical choice as well as an aesthetic one.

Mattress depths vary considerably, and in many instances they also come with a topper – a thin, quilt-like layer on top of the mattress to give additional comfort, and add depth, too. A mattress topper creates a warm bed, so if a cooler environment is preferred, this may not be necessary. It is important to invest in a good-quality mattress cover that can be laundered easily so that you can refresh the bed regularly.

The headboard sets the tone of the room, so measure out proposed sizes in ▶

